



## Juhend ootel olevate tervisealaste väidete otsimiseks

Toidu, sh toidulisandite, kohta võib esitada lubatud tervisealaseid väiteid, mis on kehtestatud [Euroopa Parlamendi ja nõukogu määrusega \(EL\) nr 432/2012](#).

Hetkel võib esitada ka nn ootel olevaid väiteid, mille kohta otsust ei ole veel tehtud. Neid väiteid on üle 2000 ja enamus neist on taimedega seotud väited.

Ootel olevaid tervisealaseid väiteid võib kasutada niikaua, kuni nende suhtes on otsus tehtud.

### Kuidas leida, millised tervisealased väited taimede kohta on ootel?

Otsida [Euroopa Toiduohutusameti \(EFSA\) registrist](#) millised tervisealased väited on esitatud EFSAle hindamiseks.

Otsingu läbiviimine (vt joonis 1):

- sisestada *Keywordi* lahtrisse taime/aine inglise ja/või ladinakeelne nimetus
- *Food Sector Area* loetelust valida *Health Claims Art. 13/2*.

The screenshot shows the EFSA Register of Questions search interface. The search form includes fields for Unit Filter, Filter by Date, Keyword (set to 'sea buckthorn'), Application Number, Deadline type, Deadline within (months), Mandate Number, Mandate Type, Output Number, Panel Filter, Filter Panel, Children, From Date, To Date, Status Filter, Filter Status, Question Type, Filter Question Type, Food Sector Area (set to 'Health claims Art. 13/2'), Mandate Requestor, Filter Requestor, and Output Type. The search results table is as follows:

Mandate Number	Question Number	Subject	Unit	Panel	Status	Output Number	Last Updated
M-2008-1061	EFSA-Q-2010-00570	4617 - Rosa canina fructus, Hippophae rhamnoides fructus, Urtica dioica herba, Hordeum vulgare herba, Gentiana lutea radix, Trigonella foenum graecum fructus (wild dog rose fruits, sea buckthorn fruits, nettle herb, barley herbs, gentian bitterwort root, bird's foot seed) - Enhance tonicity and general state of the organism / improve appetite / Help the organism for properly, optimal functioning	Nutrition	N/A	Under Consideration		17/05/2013 15:49
M-2008-1061	EFSA-Q-2010-00569	4616 - Rosa canina fructus, Hippophae rhamnoides fructus (wild dog rose fruits, sea buckthorn fruits) - Enhance body's resistance against external microorganisms / helps strengthen the body's natural defence system	Nutrition	N/A	Under Consideration		17/05/2013 15:49
M-2008-1061	EFSA-Q-2010-00564	4611 - Q10 with Sea Buckthorn Oil, Q 10, Hippophae oleum, Q 10, Hippophae oleum - antioxidant properties, <b>ID number</b>	Nutrition	NDA	Finished (View...)	QN-1752	05/08/2010 15:09
M-2008-1061	EFSA-Q-2010-00527	4574 - Hippophae rhamnoides-Fruits, Sea Buckthorn, Linum usitatissimum-seeds, Linseed, Lecithin, Zinc Gluconate, sodium and magnesium ascorbate-- Prostate Health	Nutrition	N/A	Under Consideration		17/05/2013 15:49

Joonis 1. EFSA registri ekraanitõmmis

Otsingu tulemusena esitatakse need taimed/ained, mille kohta on esitatud tervisealased väited EFSAle hindamiseks.

## Kuidas saada teada, kas hindamiseks esitatud tervisealane väide on ootel või mitte?

Selleks tuleb vaadata, milline on esitatud väite staatus (*status*). Peamised ootel olevate väidete staatused on :

- *Under consideration* (läbivaatamisel)- see tähendab, et EFSA ei ole väidet hinnanud ja väide on ootel ja väidet võib kasutada;
- *Finished* (lõpetatud) - tähendab, et EFSA on hindamise läbi viinud ja avaldanud teadusliku arvamuse. Lõpetatud staatuslega väited võivad olla nii ootel kui ka mittelubatud väited. Selleks, et kindlaks teha, kas need väited on ootel, tuleb kontrollida Euroopa Komisjoni ootel olevate väidete nimekirja (joonis 2). [Nimekirj](#) on leitav [Komisjoni väidete andmebaasi](#) leheküljelt. Ootel olevaid väited saab otsida [ainult](#) ID numbrite järgi (joonis 3). Kui väite ID number on nimekirjas, siis see väide on ootel ja seda võib kasutada.

The screenshot shows the website interface for the EU Register of nutrition and health claims. The top navigation bar includes 'HEALTH', 'FOOD', 'ANIMALS', 'PLANTS', and 'AMR'. The sidebar on the left lists various categories under 'LABELLING AND NUTRITION', with 'EU Register' selected. The main content area is titled 'EU Register of nutrition and health claims made on foods' and contains the following text:

The EU Register is for information only, showing:

- Permitted nutrition claims and their conditions of use
- Authorised health claims, their conditions of use and applicable restrictions, if any;
- Non-authorized health claims and the reasons for their non-authorization;
- EU legal acts for the specific health claims;
- National measures mentioned in Art. 23(3) of Regulation EC 1924/2006 (115 Kb)

The Commission will update the EU Register when required, namely upon adoption of EU decisions on applications for claims or on changes to conditions of use and restrictions.

EU Register of Nutrition and Health Claims >

Claims not in the EU Register

A number of submitted health claims do not appear in this EU Register:

- Health claims submitted as Article 13(1) function claims (8 Kb) but that do not qualify as such.
- Health claims not related to human health (6 Kb) which cannot consequently be used on foods.
- Health claims for combinations of substances (47 Kb) where health claims are already authorised for some of the individual substances.
- Some 'function claims', for which the assessment by EFSA or the consideration by the Commission is not finalised (177 Kb). These include health claims:
  - Referring to botanical substances;
  - Under further consideration by the Commission and EU countries.
- Some health claims subject to the individual authorisation procedure pending a decision.

At the bottom of the page, there is a footer with the text: 'Last update: 20/10/2016 | Legal notice | Contact | Top'.

## Joonis 2. Euroopa Komisjoni väidete registri ekraanitõmmis

FOR THE ATTENTION OF THE MEMBER STATES AND THE COMMISSION

SUPPORTING WORKING DOCUMENT (NOT FOR VOTE)  
STANDING COMMITTEE OF THE FOOD CHAIN AND ANIMAL HEALTH  
12 JUNE 2013  
AGENDA ITEM B.1 (SANCO/11074/2013)

ARTICLE 13.1 CLAIMS FOR WHICH THE EVALUATION BY THE EUROPEAN  
FOOD SAFETY AUTHORITY AND THE CONSIDERATION BY THE  
COMMISSION AND THE MEMBER STATES IS NOT FINALISED

### Claims for which finalisation is pending

1488	737	736	1491	1101	2063	646	1238	1410
1490	1486	1485	2375	1187	2103	1224	1339	-----

### Claims on botanical substances for which finalisation is pending

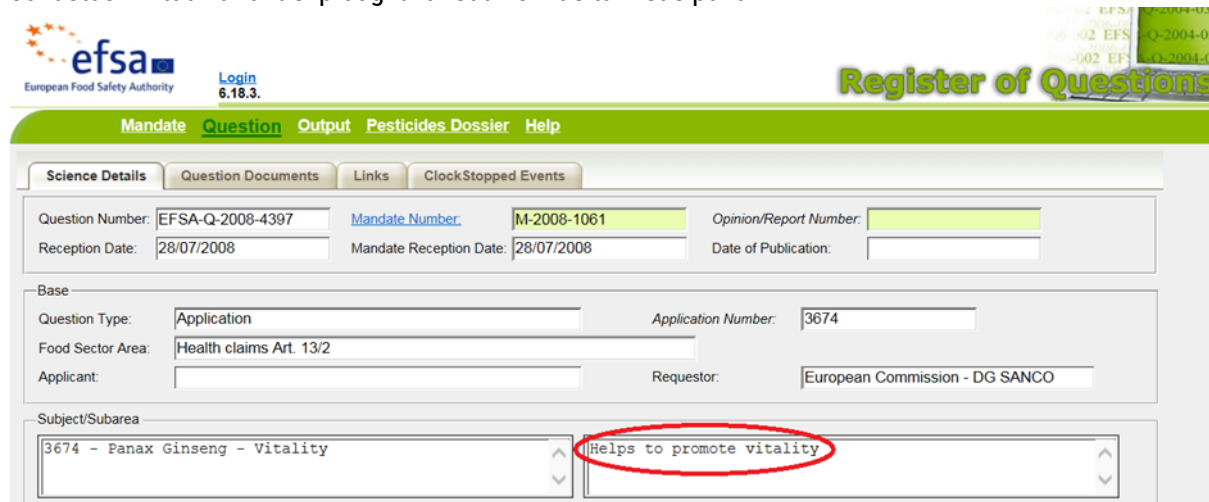
8	1274	1673	1967	2020	2056	2099	2135	2182	2220	2255	2286
9	1275	1674	1986	2026	2057	2100	2136	2183	2221	2256	2287
693	1276	1679	1987	2027	2058	2101	2137	2184	2222	2257	2288
694	1280	1690	1988	2029	2060	2102	2138	2185	2225	2258	2289
695	1295	1691	1989	2030	2062	2106	2139	2186	2226	2259	2290

## Joonis 3. Komisjoni ootel olevate väidete loetelu ekraanitõmmis

## Kuidas leida ootel oleva väite sõnastus?

### Varinat 1:

Väite sõnastust on võimalik leida EFSA registrist . Pärast huvipakkuva taime leidmist valida sobiv EFSA *Question Number* (vt joonis 1). Numbri peale klikkides avaneb uus aken, millelt on võimalik leida väite sõnastus. Antud variant ei pruugi avaneda kõikide taimede puhul.



The screenshot shows the EFSA Register of Questions interface. The page title is "Register of Questions". The navigation menu includes "Mandate", "Question", "Output", "Pesticides Dossier", and "Help". The "Question Documents" tab is active. The "Science Details" section shows the following information:

Question Number:	EFSA-Q-2008-4397	Mandate Number:	M-2008-1061	Opinion/Report Number:	
Reception Date:	28/07/2008	Mandate Reception Date:	28/07/2008	Date of Publication:	

The "Base" section shows:

Question Type:	Application	Application Number:	3674
Food Sector Area:	Health claims Art. 13/2	Applicant:	
Requestor:	European Commission - DG SANCO		

The "Subject/Subarea" section shows a list of items, with "3674 - Panax Ginseng - Vitality" selected. The text "Helps to promote vitality" is circled in red.

Joonis 4. EFSA registri ekraanitõmmis (*Question number*)

### Variant 2:

[EFSA kodulehel](#) on leitav hindamiseks esitatud väidete andmebaas (*Database of health claims submitted to EFSA for evaluation*).

To view the database MS Access 2003 or a later version is required.

To open the database:

1. Right click on the zip file and save.
2. Double click on the zip file to unzip.
3. Double click on the file "art13claims.mdb" to open and view the database.

Database of health claims submitted to EFSA for evaluation (7.1 Mb) (updated: July 2011)

#### How EFSA evaluates claims

##### Screening of claims

Before embarking on the scientific evaluation of health claims in 2008, EFSA screened all the claims received from the European Commission up until then in order to differentiate between those claims which could be assessed by the Panel and those for which more information was needed. To this end, in October 2008 EFSA's scientists agreed to apply six criteria to ensure a thorough and consistent screening of the health claims entries. The outcome of this screening is indicated for each main health claim entry in the Access database.

- [Criteria for the initial screening of Article 13.1 health claims](#) (0.1 Mb)

Joonis 5. Ekraanitõmmis EFSA kodulehelt <http://www.efsa.europa.eu/en/topics/topic/article13.htm>

Laadida fail alla. Avada programm. Kõige lihtsam on väiteid otsida ID-numbrite järgi (kõige all olevast lahtrist, vt joonis 6). Väite täpne sõnastus on välja toodud lahtris „*Example wording*“.

Consolidated list of Article 13 health claim

Criteria for the initial screening of Article 13 (3) health claims  
Disclaimer for the Article 13 list of health claims

Stauts: July 2011

Food	Health relationship	Example of wording	Stakeholder Coding	EFSA Comments	EFSA Deadline
Pumpkin seed (Cucurbita pepo);	Prostate/urinary tract	Contributes to maintain healthy prostate function.		3	published
Similar health relationships submitted by Member States Quantity: 1 Addition / New similar <input type="checkbox"/> Other changes <input type="checkbox"/>					
Clarification Food	Clarification Health relationship	Clarification wording	Comments from Member States		
Pumpkin seed (Cucurbita pepo);	Prostate/urinary tract: health of urogenital system/the healthy prostate function/the normal miction and the normal urinary flow	Contributes to maintain healthy prostate function.			
Changes to Food <input type="checkbox"/>	Changes to HR <input checked="" type="checkbox"/>	Changes to Wording <input type="checkbox"/>			
Purple.coneflower;(Echinacea purpurea);	Immune system health	Contribute to the proper function of the body's defensive system.Echinacea purpurea helps the function of the natural defensive system;		3	on hold
Similar health relationships submitted by Member States Quantity: 5 Addition / New similar <input checked="" type="checkbox"/> Other changes <input type="checkbox"/>					
Clarification Food	Clarification Health relationship	Clarification wording	Comments from Member States		
Purple.coneflower;(Echinacea purpurea);	Immune system health; Strengthening immune system by activation of phagocytosis, stimulation of fibroblasts, increasing the level of immunoglobulins. some	Contribute to the proper function of the body's defensive system.Echinacea purpurea helps the function of the natural defensive system;			
Changes to Food <input type="checkbox"/>	Changes to HR <input checked="" type="checkbox"/>	Changes to Wording <input type="checkbox"/>			

Record: 2365 of 4693 Unfiltered 2365

Joonis 6. EFSA väidete andmebaasi ekraanitõmmis

NB! EFSA väidete andmebaasi kasutamiseks on vajalik programmi MS Access 2003 või hilisema versiooni olemasolu.

Juhul kui arvutiprogrammid ei toeta MS Access 2003 kaudu andmebaasi avamist, võib proovida järgmise lingi abil andmebaasi avamist:

[www.microsoft.com/en-us/download/details.aspx?id=10910](http://www.microsoft.com/en-us/download/details.aspx?id=10910) (alla laadida)

Microsoft

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Microsoft Access 2010 Runtime

Select Language: English ▾ **Download**

The Microsoft Access 2010 Runtime enables you to distribute Access 2010 applications to users who do not have the full version of Access 2010 installed on their computers.

Joonis 7. Microsofti kodulehe <http://www.microsoft.com/en-us/download/details.aspx?id> ekraanitõmmis